

Four Tellings

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The weekly bulletin for family and friends of Four Winds Waldorf School

November 10, 2010

Calendar of Events

Wednesday November 10

School Tour.....8:45 AM

Thursday November 11

Scrip Orders Due.....10 AM

Friday November 12

Lantern Walk, Grades 1-3.....5 PM
At Four Winds

Saturday November 13

Lantern Walk, EC Classes.....4:15 PM
At Four Winds

Lantern Walk, all ages.....3-5 PM
A public event in downtown Warrenville

Thursday November 18

Scrip Orders Due.....10 AM
Board Meeting.....7 PM

Friday November 19

Hearts, Hands and Voices Concert.....7 PM
At Immanuel Presbyterian Church, Warrenville
Mandatory for grades 2-7

Monday-Friday Nov 22-26

Thanksgiving Break



NEW!

Holiday Parent-Child Classes

Attached please find the registration form for our "short" holiday parent-child programs beginning at the end of November. There is a 4-week Holiday Craft class and a 3-week Christmas/Advent class. The registration deadline is Wednesday, Nov. 17; so register soon!

BLACK & WHITE

Concert Clothing Exchange

Bring your outgrown black pants/skirts and white shirts/tops and black shoes to exchange bigger ones for the concert coming up on November 19th. A table will be set up in the hallway 11-11 through 11-18.

*I have believed the best of every man.
And find that to believe is enough to make a bad man show him at
his best, or even a good man swing his lantern higher.
-William Butler Yeats*

Lantern Walk

Lantern Walk is a wonderful fall festival celebrating the legend of St. Martin, (or Martinmas, November 11th) who was known for his ability to bring warmth and light to those previously in darkness. He is remembered in many cultures with a festival of lanterns, carrying light into the coming winter, storytelling and singing songs. Our school celebrates Lantern Walk in Preschool-Kindergarten through Grade 3, and new this year, a community walk in downtown Warrenville.



•**Grades 1-3 Lantern Walk, Friday, November 12th, 5 p.m., at FW** we will gather in the Community Room for singing and storytelling, then an outside walk. Parents, please be sure your child eats something substantial before coming to this event.

•**P-K Lantern Walk, Saturday, November 13th, 4:15 p.m., at FW** we will gather for singing and storytelling around the fire outside, then we will go walking with lanterns. Parents, please be sure your child eats something substantial before coming to this event.

•**Public Lantern Walk, Saturday, November 13th, 3-5 p.m., downtown Warrenville.** Four Winds Waldorf School is partnering with the Warrenville Park District to share our Lantern Walk tradition with other children. If you can help out by spreading the word please invite your friends or neighbors to register as soon as possible. Space is limited. Call 630-393-7279. Marianne Fieber will tell the story of Martin the Roman Soldier who helped a beggar man on a chilly evening. We will sing songs and walk along the Prairie Path and return to the Park District for hot chocolate refreshments. Your help is requested in collecting short, wide glass jars for lantern making as well. Please deposit any jars (salsa jars are great) in the front office to support the lantern making activity at the park district.

Hearts, Hands & Voices Concert

Friday, November 19th, 7:00 p.m.
Immanuel Presbyterian Church
29W260 Batavia Road in Warrenville

This is a wonderful chance to see some of the beautiful activities and work the grade school children are doing at school. All Four Winds families are welcome; students Grades 2-7 are required to attend.

Students in grades 4-7 should wear black pants or skirt (no jeans) and a white shirt. Other grades students should dress in nice clothing (no jeans.) Parents, please note these arrival times for orchestra students:

Grade 4: Tuning at 6:30, **Grades 6-7:** Tuning at 6:15

Any parents that would be available to help chaperone from 6-6:45 on the evening of the concert would be greatly appreciated; see Barbara in the office.

FROM THE DESK OF *Marianne Fieber*

I had a wonderful weekend in Cincinnati, OH. I met with other Waldorf Professionals within the mid-states region at the Cincinnati Waldorf School; we were administrators, development directors, marketing directors and teachers. This was our annual meeting which normally is conducted to disperse the grant money available from a fund held by Rudolf Steiner Foundation. Last year we received the grant to make the wattle fence possible. I was pleased to be able to report on our workshop and the beautiful fence that was created for our playground. This year, though there wasn't money to disperse, we were charged with exploring plans for an event or series of events toward the strengthening of Waldorf Schools and their relationship with the spiritual scientific impulses from Rudolf Steiner. We dove into many aspects of the economic aspects of our society and how a renewal of our understanding regarding the interdependence of currency, community and culture is challenging us to reconsider the systems we live within. It was inspiring and fulfilling to discuss the various subtleties of these ideas. It was a distinct honor to participate and represent Four Winds Waldorf School.

I want to encourage everyone to participate in our Scrip Program. It is so easy and it really does benefit our school without costing our families any more than what they would spend on groceries, gas or coffee. We hope to surpass our totals from last year and see every family participate.

The Annual Fund is well underway and we are receiving pledges and contributions already. Help us make our 100% participation goal and our \$35,000 monetary goal!

End of the Day Pick-up Procedure

In the next week or so we will be publishing an update to our End of the Day Pick-up Procedure. It is our intention that our students are safely transitioned at the end of each school day. A recent confusion has alerted us to the need for further clarification and education of our entire community. We are committed to looking at various practices and procedures currently in place to ensure that they hold every student, parent and faculty respectfully and safely from start to finish.

Plan(ner) Ahead

The 4th grade is launching their class trip fundraiser by offering 2011 day planners in a weekly format, sized at roughly 8.5 x 5.5 and spiral bound. Artwork from each grades student will be included in the book.....and the planner will be available in time for Christmas giving. What better gift to give grandparents, friends and family than a yearlong keepsake work of art? Watch for the order form coming soon!

St. Martin

A poem by Eugene Schwartz

St. Martin, St. Martin, a Roman soldier bold,
Swiftly on his snow-white steed through icy streets once rode,
Not fearing bleak November skies nor numbing winds so cold!

An aged, ailing beggar Martin met upon his way,
"Oh, could you spare a coin for one so poor, my lord, I pray?
"Oh, would you save a soul who suffers from the chill this day?"

Martin drew his cloak more tightly 'round his shoulders broad;
Bright red was the woolen cloak that stretched from helm to sword;
Only Roman soldiers wore such warmth as their reward.

Yet the wind cut keenly through the rags the beggar wore;
Beneath the soldier's Roman garb a good heart grew sore--
From his armor Martin now the woolen mantle tore.

With his sword he cut the bright red cloak in pieces two:
"What was one I'll double so that it may be shared with you!"
(Multiplying by dividing was a secret Martin knew!)

Martin dreamed a wondrous dream upon that icy night:
Hosts of angels drew him upwards to the starry heights,
Where the Lord his mantle wore, wrapped in radiance of light.

"It was I in beggar's guise who asked your charity;
You were wise to trust to heart and give so graciously--
For what you do to any one you do so unto Me."

Scrip is Super *and* Super Easy!

You can be super, too, if you use Scrip to purchase everyday expenses like food, clothing, gas and other essentials. With every purchase, **you earn revenue for our school**. Scrip is a popular fundraiser because families don't have to sell anything. Four Winds families & supporters produce revenue by making regular household purchases **they would make anyway**. Find out more and see the list of participating retailers in the school office or at



www.shopwithscrip.com. Sign up online using our enrollment code: **L99B27DD227L2**. Orders must be placed **online** & payment to the school office on Thursdays by 10 am. Pick up your orders the following Thursday in the school office. Any questions? Contact Cate Dyer at 630-853-5063 or via e-mail at cate_the_great@comcast.net.

2010-2011 Annual Fund Campaign

We plan to raise **\$35,000 with 100% participation** from all of our Four Winds Waldorf Families. This is an important aspect of our yearly operating budget, and helps us not to increase tuition. Giving to the school through our Annual Campaign not only helps our bottom line, it is also fully tax deductible. Pledge forms are available at school, and soon to be accessible on line.

The Annual Fund needs your help!

We are hoping to reach out beyond our immediate Four Winds Waldorf Community to make our Annual Fund a success. If you feel comfortable speaking to your families; grandparents, aunts, uncles etc. who may be in a position to help us out we'd be very pleased for that effort. Alternatively, if you'd prefer us to contact them directly we will gladly send information about the Annual Fund directly from our offices if you provide us with their names, addresses or emails. If there are businesses or other organizations which you feel may be open to contributing, please send us their contact information and we will take it from there. Thank you!

Stella Natura Calendar

2011 Biodynamic Planting Guide & Calendar

This is the thirty-third edition of the Stella Natura Calendar. The calendar provides inspiration and practical advice for home gardeners and professional growers by presenting the moon's passage through the constellations of the zodiac. Each monthly page of the calendar clearly indicates, on a daily and an hourly basis, which are the most favorable days for the sowing and cultivation of root, leaf, flower and fruit, based on this ongoing research. This year's calendar has many aspects: a basic introduction to astronomy, a simple ephemeris, a planting guide, a star map, aid for following the movement of the planets in the night sky, and articles by ten different authors. All of these attempt to provide a true picture of the world outside us and ideas to assist in developing a healthy relation to that world. To order your calendar or get more information, go to www.stellanatura.com.

Four Winds Fundraising - Ultra Foods 5% Donation

Ultra Foods, which has grocery stores in Wheaton, Lombard, and Downers Grove, is running an **Ultra Foods Smart Shopper Program** promotion. This program donates 5% of total purchase made by school families back to the school. The program runs from Sept. 1, 2010 to Dec. 30, 2010. Turning in receipts is all you need to do! So if you shop at Ultra Foods, include your receipts in your school folder when you return it to school or place the receipts in the envelope that is located inside the front door.

Come out after the FW Concert

Friday, November 19, the **Frank & Dave Band** (featuring FW parent **Dave Callaway**) is playing at Total Sports Bar & Grill, 523 Fairway Drive, Naperville, (off of North Aurora Road, just west of Rt. 59) 630-983-5400. 9-11 p.m. Cover charge.

What if a game could change a Community?

Join Edgard Gouveia Jr., co-founder of the Elos Institute, as he leads an experiential and thought-provoking workshop showcasing the use of cooperative games to facilitate social change. Elos is a social nonprofit organization founded by a group of urban planners and architects who use the Elos Methodology, the arts, and cooperative games (e.g., the Oasis Game) to create opportunities where people can contribute joyfully, voluntarily, and cooperatively to build a more beautiful, peaceful, and abundant world for all. Thursday, December 2, 2010, 1:00 - 5:00 pm at Chicago Teachers' Center of Northeastern Illinois University, 770 N. Halsted, Room 411, Chicago. Fee \$40. For info Contact Christina Foster 847-910-3883. See flyer attached to this week's mail.

Holiday Fair at Chicago Waldorf School

Saturday, December 4

9am-5pm; \$5 admission/adults ; children free

Chicago Waldorf School, 1300 W. Loyola Avenue

Jump into the holiday season at the Chicago Waldorf School's 38th annual Holiday Fair. This popular event provides plenty of fun and activities for the entire family including candle dipping, jump rope making, puppet plays, a magical market for the children and even learning how to knit in 15 minutes. Along with the children's activities, grown-ups can browse a fabulous array of unique organic, natural and handcrafted gift items. The Holiday Fair also includes free musical performances along with feel-good holiday food, live seasonal greenery and a raffle ticket included in the \$5 adult admission price. And don't forget; students and children get in free! If it's not already, this is sure to become a favorite holiday happening for you and your family. For additional information contact Cathey Stamps at cstamps@chicagowaldorf.org or 773-828-8461.

The Four Tellings is published every Wednesday during the school year. The deadline for submissions to the Four Tellings is Monday at 3:00 p.m. before you want it to appear.

Book Reading

at *Peaceful Parlor* in Geneva

Saturday, November 13, 2010, at 2 pm

Chicago Author and Illustrator, Alexandra Gnoske, will be reading her new book, *Louie Saves the Earth*, and showing kids how their everyday actions can save the planet. Bring the whole family to this special event and play a fun eco friendly game! The Peaceful Parlor is located at 212 S. Third Street in Geneva. Please call to RSVP: 630-232-6300

Barn Dances

November 14, 6:30-9 p.m.; and November 21, 2 p.m., at Fermilab's Kuhn Village Barn, Batavia on the Fermilab grounds. Live old-time music. All dances taught. Traditional American folk dances. No experience needed! \$6 Children under 12 free. Seniors and students \$3. Bring a water bottle for refreshment. Just show up or for more info, contact Meg Dedolph, 773-960-9364 or go to www.fnal.gov/orgs/folkclub.

A Thanksgiving Weekend Of Spiritual Wellness

Saturday, November 27 & Sunday, November 28
Wyndham Lisle Hotel, 3000 Warrenville Road, Lisle, IL
FREE!

Modern life is so busy, we often don't find time for what is going on with our own selves. Thanksgiving is a time of self reflection, and the focus of "A Thanksgiving Weekend of Spiritual Wellness" is reflecting on and improving every aspect of our lives. The program runs from 9 am to 5 pm on Saturday. The Sunday events begin at 9 am and end with a special keynote, a discourse by world renowned Spiritual Master, His Holiness Sant Rajinder Singh Ji Maharaj at 2 pm, "Meditation for Total Wellbeing." The public is invited to see vegetarian cooking demos, hear what health care professionals have to say, and learn how healing the spirit and the soul through meditation can bring everyone to a state of total wellness. To learn more go to www.SOSspiritualwellness.org or call 630.955.1200.

Weekly Regular Meetings

Grades Faculty - Tuesday 12:45 pm

Early Childhood Faculty - Tuesday 1:20 pm

Student Services Committee - Tuesday 2 pm

Leadership Council - Wednesday 1:15 pm

Executive Steering Comm.-Weds 3 pm

SICG- Thursdays at 11:15

Full Faculty - Thursday 3:20 pm

Excellent Yarn Sale Saturday, 11/13!

You are invited to a **Dream in Color Yarn** seconds sale at our warehouse. We have a very large selection of seconds to choose from including many skeins of sock yarn, including Starry, Smooshy and our new yarn Everlasting. Saturday, November 13, 2010, 9 am to 1 pm. Everything is 1/2 off from 12-1 pm. Yarns prices start as low as \$5 per skein and most are priced from \$10 to \$12 dollars per skein (less than 1/2 of the retail price). Dream in Color Yarn is located at 907 Atlantic Dr. in West Chicago. (630)293-0123.

dream@dreamincoloryarn.com

Silken Dimpled Flesh or Cellulite? A Historical Perspective on Women's Body Image

Friday, November 12th, 6-7:30 pm

Clarus Center, 28379 Davis Parkway #801 Warrenville, IL.

Come alone, come with friends or come with your daughter (high school age and older), but do come! This is an opportunity to look at a slide show presenting women's bodies from the first primitive statue to current times. We will discuss historical and current cultural influences that literally shape women's bodies - or at least tell us which type is "in." Presented by Lucia LiCavoli, Ph.D. Cost: \$10/person or \$15/parent-daughter pair. www.ClarusCenter.Com.

Classifieds

Place classified ads here! \$5 for 50-word ad to run 2 weeks. All ads subject to editing.

Child Care Available: My name is Emily Barry and I'm 14 (15 in March). I am now a freshman at Wheaton North HS; I graduated from Four Winds last year. I didn't want to attend Four Winds when my mom enrolled me and my 12 year old brother, but ended up loving it, along with the people. So I have to thank her. After getting into the swing of high school, I've been looking for some extra things to do, and I would love to babysit your children, as I love kids! I live in Wheaton on Geneva road near Main St. Most kids grades 2-7 already know me, and we had a lot of fun last year. It would be great if you would contact me at 630-512-1330 or by email: ebarry.bendit24@hotmail.com. Thanks so much!