

Four Tellings

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The weekly bulletin for family and friends of Four Winds Waldorf School

March 30, 2011

Calendar of Events

Friday April 1
No School- Faculty In-service

Wednesday April 6
Parent Tea.....8:15-9:15 am
Storytelling continued

Thursday April 7
Scrip Orders Due.....10 am
Parent-Council Meeting.....7 pm

Friday April 8
Jump-A-Thon.....In School

Saturday April 9
Waldorf School Journey.....9 am to noon

Sunday April 10
6th & 7th Orchestra Performance.....3 pm
At the IBEW building, Ferry Road, Warrenville.
Warm-up and tuning at 1:45 p.m.

Monday April 11
Community Conversation #3.....7 pm

Wednesday April 13
School Tour.....8:45-10 am
3rd Grade Play.....7 pm

Thursday April 14
Scrip Orders Due.....10 am

Most folks are as happy as they make up their minds to be.
-Abraham Lincoln

Reminder- No School on Friday, April 1st

Jump-A-Thon!

Friday, April 8th from 11:40 a.m. to 3 p.m.

We can't wait....this is going to be great!
Families are encouraged to attend and cheer the children on as we hope to make this a fun afternoon for all!



Gather your pledges for the children's Jump-A-Thon, a "fun"draiser for Four Winds Waldorf School. Pledge forms and more information were sent home with your child on Monday.

Jumping will happen during the school for the mixed ages; after school for the younger grades, and during movement classes for the other grades. The jumping activities will be age appropriate. Your child will not be asked or expected to perform any task (i.e. double dutch) with which they are not familiar or comfortable doing. Children will be able to participate at all levels of ability. Even the youngest children will be able to jump over the snake rope on the ground. Goals will be established as class goals and not individually to promote excitement and enjoyment without subjecting anyone to disappointment. Contact **Kelly Kasper** or **Sean Blair** via email if you can volunteer on Friday, April 8th to help out with the fundraiser. It will be a lot of fun, and so easy! kellykasper@gmail.com and svblair_chicago@yahoo.com.



Groman Café helps Japan

The 7th graders would like to announce that **all proceeds from this week's 7th grade Groman Café will be donated to the Red Cross Relief effort in Japan.** Please consider stopping by the café this Thursday to purchase a morning treat. We will be preparing a wide selection of items to tempt and satisfy the Four Winds community and we wish you all a very fine day. Thank you from the 7th graders!

Raw Honey Now Available!

Forks and Spoons

The school is in need of stainless steel forks and spoons. Do you have some that have come home in your child's lunch box? Do you have an old set of silverware sitting in storage? Do you like to stop at garage sales? Please bring whatever you collect to the front office. Thanks!

Pennies for Peace

Through the inspiration of Second Grade parent, Sunday Cummins, Mrs. Gantner's Third-Grade class at Four Winds Waldorf School is currently sponsoring a campaign called "**Pennies for Peace.**" This program, begun by Greg Mortenson of "Three Cups of Tea" fame and the Central Asia Institute, gathers money to help build schools in Afghanistan and Pakistan. Through study of the book, "Three Cups of Tea", Four Wind's grades' students have become aware of the power of a penny and the importance of helping children in countries around the world. Here is how it works:

- 1 ¢ = one pencil 2 ¢ = one eraser 15 ¢ = one notebook
- \$2.00 = one teacher's daily salary
- \$20.00 = one student's yearly school supplies
- \$600.00 = one teacher's annual salary
- \$5,000.00 = support for an existing school for one year
- \$50,000.00 = one school building and support for five years.

Throughout the school building and in the front hall, you will find containers waiting to receive pennies. Please add yours to the growing amount!

This event will culminate with the third graders taking the donations to a local bank for counting and the sending of check to the Central Asia Institute. As part of this campaign, all grades classes will be making artistic presentations and the school community will dedicate a Peace Pole as part of our May Fair Festivities held at Four Wind's Waldorf School on Sunday, May 22nd, from noon until four. Please plan on joining us for this enjoyable family event.

FROM THE DESK OF *Marianne Fieber*

This week Sean Blair and Kelly Kasper presented the Jump-A-Thon to the students in an assembly. Mr. Blair came decked out in his sledding gear complete with goggles and facemask. It didn't take long for our youngest students to call out that there wasn't any SNOW! Oh Boy – I guess we'll have to change the fundraiser to a **Jump-A-Thon**. Kelly offered a very lively demonstration as to how to ask for pledges and I think the majority of the students are ready to jump. It should be a fund day on Friday the 8th – I hope everyone has been able to take a look at their packets and strategize the most appropriate way to guide your child's participation in support of the school. Thank you Kelly and Sean for moving this initiative forward.

Faculty members are making their plans for the **In-Service day on Friday**. Remember, there is NO SCHOOL! We will have our teachers out in the field visiting other schools; among them, Chicago Waldorf School, Urban Prairie (in the Pilson neighborhood of Chicago), Tamarack Waldorf School and Madison Waldorf School in Wisconsin. We wish them all safe travels as they gain insights from colleagues beyond our Four Winds School.

April 10th is a special date – mark your calendars and join the 6th/7th Grade Orchestra under the fantastic direction of Ms. Austin as they perform for the Warrenville Arts Council's **Sounds of the Schools** Concert. We are the only elementary school on the program and I would love to see our community to come out and support our young musicians! See the details elsewhere in this issue.

We are nearly at April and it blow through fast with the March winds at its back and then we will be in May! In preparation for Mayfaire this year, the Faculty and Administration would like to create an **Earth Care Festival on Friday May 13th** as part of the school day. During the day we would work together as a community to care for our piece of earth – our school grounds and neighborhood by picking up trash, raking leaves, tightening up the wattle fence and any other projects that will help beautify our grounds. Please look at your calendars and set aside some time to help out. We'll be providing more information as we get closer to the date, but I hope we can all come together in this celebration of our land.

Speaking of **Mayfaire (Sunday, May 22)** we will be having a ceremony in honor of peace. The peace pole has been ordered (made possible by a generous contribution from Nora and Ezra Hill's grandparents) and we will begin to create a ceremony. If anyone is interested in participating in planning and organizing our ceremony, please let me know. We'll be working with the teachers so it will be a rich celebration.

SCRIP – Have you ordered it today?

Special Orchestra Concert

The 6th/7th Grade orchestra is honored to be the only elementary school orchestra to be invited to perform in the concert "Sounds of the Schools," hosted by the Warrenville Arts Council on **Sunday, April 10, 2011, from 3:00 to 4:30 pm** at IBEW, 28600 Bella Vista Parkway, Warrenville, IL 60555. It will include an opening performance by Four Winds 7th grade Orchestra followed by the WWSHS a cappella choirs and a closing show from the 'Elmhurst College Jazz Band'. Please support our students by attending this concert. Thank you!



Parent Tea Update



If you were unable to attend our last parent tea, you missed a special time. Kelly Kasper and I hosted Barbara DuRocher, and she continued her discussion on the transformative effects of stories. Barbara began by reviewing the steps of creating a story. She then had all the participants pair off, and asked that they briefly describe a child with whom they have a concern. From there, she asked that the partner make up a story which included the child's challenge, what struggle they might undergo in the process of transformation, and then the element that contributes to their healing. The stories were powerful, insightful, and uncanny in their wisdom. Barbara will continue guiding us on story-telling next week. We hope that you will join us to experience this unique form of healing.

-Parvaneh Shidnia-Smith

Screen-Free Week: April 18–24

The former TV Turn-off Week has been reinvented as Screen-Free Week by the Campaign for a Commercial-Free Childhood and will be celebrated this year from April 18 to 24. Families, schools, and communities all over the U.S. will spend those days turning away from screen-based entertainment and distraction and turning on to life and the real world—to reading, enjoying nature, day-dreaming, and spending time with family and friends. More than 50 national and professional organizations have endorsed this effort, including the American Academy of Child and Adolescent Psychiatry, the American Public Health Association, and the Alliance for Childhood. For more information, see www.commercialfreechildhood.org/screenfreeweek/.

Sign Up for Camp Waldorf Today

The Four Tellings is published every Wednesday during the school year. The deadline for submissions to the Four Tellings is Monday at 3:00 p.m. before you want it to appear.

Anthroposophic Approaches to Therapies and Nutrition

A Conference sponsored by True Botanica Foundation
April 29-May 1, 2011, Mukwonago, WI (near Milwaukee)
Workshop topics:

- *New formulas with berberine, ginseng, iris, rhythmically prepared metals, and more*
 - *Women's health concerns*
 - *Pediatric Care and Cases*
 - *Topical applications*
 - *Presentations on anthroposophic processes: the role of alcohol; quality control through chromatography*
- Ample time to clarify usage and dosage of remedies and supplements in specific cases Esoteric aspects, meditative work and history of anthroposophic medicine. Call 262-646-5573 or go to <http://www.truebotanicafoundation.org/4.html>.

Clean Out Those Closets During Spring Break

Have you been wondering about the **green and white** drop box in our school parking lot? In it we collect clothes, shoes and other textile items which are picked up by USAgain, a green company committed to reducing carbon emissions, protecting the environment and offering affordable clothing to people worldwide. Instead of throwing your unwanted clothes in the trash, bring them to us and drop them into the box. Once the items are collected, they are weighed, sorted and diverted from landfills to be reworn, reused or recycled. Four Winds receives \$.02 per pound (paid quarterly) on what is picked up from our box. This is a way to fundraise and actively help our environment. SO... clean out those closets and bring in your clothing, shoes, towels, linens, gloves, blankets. Tell your friends you'll help them dispose of their unwanted textiles!

Weekly Regular Meetings

Grades Faculty - Tuesday 1:15 pm
Early Childhood Faculty - Tuesday 1:20 pm
Student Services Committee - Tuesday 2 pm
Leadership Council - Wednesday 1:15 pm
Executive Steering Comm.-Weds 3 pm
SICG- Thursdays at 11:15
Special Subject Faculty- Thursday 12:45 pm
Full Faculty - Thursday 3:20 pm

Arcturus Summer Intensive 2011

June 27-July 1 at the Chicago Waldorf School
This year we want to share with you, Rudolf Steiner's impulse to heal the Earth through biodynamic gardening, art, and education. <http://www.arcturus.info/summer.htm>

Summer Intensive 2011

Working with Nature

A hands on approach...



Scrip is Super Easy!

Use Scrip to purchase everyday expenses like food, clothing, gas and other essentials. With every purchase, **you earn revenue for our school**. Scrip is a popular fundraiser because families don't have to sell anything. Four Winds families & supporters produce revenue by making regular household purchases **they would make anyway**. Find out more and see the list of participating retailers in the school office or at www.shopwithscrip.com. Sign up online using our enrollment code: **L99B27DD227L2**. Orders must be placed **online** & payment to the school office on Thursdays by 10 am. Pick up your orders the following Thursday at school Questions? Contact Cate Dyer at 630-853-5063.



Classifieds

Place classified ads here! \$5 for 50-word ad to run 2 weeks. All ads subject to editing.
Two Mothers Foods is here for your family meal needs. Let us cook you dinner! Check out our new menu items: gluten free beef pies, spicy samosas, and chicken paprikash just to name a few. We have many options including vegan, dairy-free, gluten-free and soy free. If you place an order, we will bring it to school for pickup! Visit our website, www.twomothersfoods.com, call the store at 630-428-5878 or stop by at 1659 N. Route 59, Naperville, less than 2 miles from school. Menus can be found in the school foyer. Thank you!