

Four Tellings

The weekly bulletin for family and friends of Four Winds Waldorf School

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A good head and a good heart
are always a formidable combination.
-Nelson Mandela

June 1, 2011

Calendar of Events

Thursday June 2
Pick up Scrip Ordersall day
Parent Council.....7 pm

Tuesday June 7
Kindergarten Graduation.....1:30 pm

Wednesday June 8
Last Day of School- Dismissal.....12:15 pm
All School Picnic.....12:30 pm



Scrip Inventory Available Now! Pick some up today...

- Ace \$25
- BP \$50
- Chipotle \$10
- CVS \$25
- Dominick's \$25
- Family Foods \$25 & \$100
- Home Depot \$25
- Jewel \$25
- Marathon \$25
- Panera \$10 & \$25
- Shell \$50
- Speedway \$25 & \$100
- Starbucks \$10 & \$25
- Subway \$10
- Target \$25
- Walgreens \$25



Whole Foods
\$25 & \$100



CAMP WALDORF REGISTRATION DEADLINE - JUNE 6

Registration for Camp Waldorf will be closing June 6th. If you haven't sent in your registration for one or more of the exciting camp opportunities this summer, time is running out! We will receive registrations through Monday, June 6th.

Brain Gym® For the Faculty

The school year may be wrapping up but we are still engaging in opportunities for professional development! Thursday, June 2nd is our final Special Thursday and we will be led through a Brain Gym workshop afterschool. We are looking forward to getting a hands-on experience on this movement tool which can be integrated in our regular classroom experiences to create the best environment for our students. Barbara Bednarz is a licensed Brain Gym Instructor/Consultant with the Move Smart Center and she will be spending the afternoon with the faculty to share these exercises which integrate the brain for whole-brain learning, calms and releases stress & learning blocks helping with focus, memory, cognitive and coordination skills. We are excited to take advantage of this special workshop to increase our own skills and program delivery. There will be a Brain Gym workshop at Four Winds Waldorf School later in June which is open to the public. See the following information if you'd like to participate.

Brain Gym® For Parents And Beyond

Friday, June 17 and Saturday, June 18, 2011; 8:30a.m. - 5:00p.m.
At Four Winds Waldorf School

WHAT IS BRAIN GYM®? A program of simple physical movements and processes which simultaneously activate and relax the brain.

HOW DOES BRAIN GYM® WORK?

- * it develops the brain's neural pathways through body movement
- * it integrates all parts of the brain for optimal functioning and for learning
- * it calms and releases stress and learning blocks

In the HANDS ON class you will:

- * experience the Brain Gym® movements with multiple variations
- * learn to apply the movements to the formal skills of handwriting, reading, spelling, math and learning readiness
- * learn how to dissolve learning blocks & behavior problems by managing stress understand and experience how to use every movement.

WHO CAN BENEFIT? Educators, parents, all therapists (ots, pts, speech, psychologists, etc.), school administrators, counselors, social workers, nurses, athletic coaches and others. Instructor Isabel Cohen is a remedial teacher with more than 37 years of teaching, and a Licensed Brain Gym® instructor with over 15 years using Brain Gym®. Tuition \$275; Buddy-rate (2 or more): \$245. For info contact: Barbara Bednarz, 847.543.1684; movesmart@att.net.

FROM THE DESK OF *Marianne Fieber*

It is June! This morning, early, I took a walk in the fresh crisp air amidst the chirping birdsongs. I live in Warrenville and decided to walk cross-country instead of run on the treadmill at the Park District. It was a good choice. I crossed Batavia and headed north on Williams road. After crossing the flowing West Branch of the DuPage River I turned into Iroquois Court and on my way back, I looked down and saw an amazing sight; a patch of poppies. Only one poppy was in full bloom, most were still in their hard buds sheltered from the elements. One, however, was remarkable as it was mid-bloom. The most delicate of carmine fluttery petals were

cracking what looks to be an impenetrable, tough and solid bud. It seemed amazing to me. The flower appeared to wear a segment of its sheath like a little hat. The petals of the poppy are the most fragile wing-like forms and yet the forces of growth and becoming surge through them allowing their release from bondage. The rich red-orange fluttering color enfolds the dark purply-black center filaments full of future potential. I stopped and stared at these poppies; amazed at the majesty of Mother Nature. There is so much to be amazed by if we keep our eyes open and attuned to the beauty that surrounds us. It mused and meditated about Four Winds Waldorf School and its similarity to that exquisite poppy. There is a delicate beauty about what we do here and there is so much potential for the future. The forces of growth and becoming are transformative and evident in the students as well as everyone; parent, faculty, staff who have dedicated time and energy to sustaining our school.



We are winding down with this school year and I hope to see you all at the end of year picnic after dismissal.

SCRIP? Why yes, it is still available in the front office!

Weekly Regular Meetings

Grades Faculty - Tuesday 1:15 pm
Early Childhood Faculty - Tuesday 1:20 pm
Student Services Committee - Tuesday 2 pm
Leadership Council - Wednesday 1:15 pm
Executive Steering Comm.-Weds 3 pm
SICG- Thursdays at 11:15
Special Subject Faculty- Thursday 12:45 pm
Full Faculty - Thursday 3:20 pm

Mission Statement: Four Winds Waldorf School is committed to awakening the intellect, imagination and determination of every child, leading to a life-long love of learning. Within a protective and nurturing environment, teachers and parents work together to build a community where each student's confidence, sense of responsibility and self-reliance unfolds.

Parent Musical Group offers CDs as Fundraiser



We had the opportunity to hear *Tenpenny Annie* play at Mayfaire, and they were great! Now, we have *Tenpenny Annie* CDs for purchase in the office. This band is made up of Four Winds teachers and parents, and the music ranges from classic Irish to folk blues. David Callaway, of the fabulous duo *Frank and Dave*, professionally recorded this music. This has resulted in beautiful melodies with perfectly blended acoustics. According to Barbara DuRocher, "This CD is a favorite of mine! The blended harmonies and folk style instruments are a joy to listen to. I play it when I want to mellow out." The CD is a fundraiser with all money being donated to the school. Please stop by and support our efforts.
-*Tenpenny Annie: Bruce Cooper, Mari Cooper, David Heater, Stephen Tonks and Parvaneh Shidnia-Smith*

Announcing TLC Book Arts

Tammera L.C. Ordoñez - a certified Waldorf teacher, a life-long journal writer, and a bibliophile - announces the opening of TLC Book Arts. Tami says, "Discovering the art of bookbinding and learning all that I could of the process became a passion and a joy. Binding main lesson books, preserving a year's worth of student work became a gift to the parents in my classes. Thus the idea for TLC Book Arts was born." Waldorf parents know deciding how to keep and protect their children's school books can become a storage nightmare. What do you do with all that work? Wouldn't it be nice to have a record of your child's school work through the grades that is easy, beautiful, and functional to store and display? Now you can! You'll be proud to display these handsome, heirloom quality books on your bookshelf or coffee table. Storage problem solved, you and your child have a



beautiful keepsake edition of his/her work, and it is protected from whatever might happen to it after years in a damp basement or a hot attic. Prices vary according to the cover, binding styles and labor; price range is between

\$35 and \$60 per book. See the brochure attached to this week's mail. For a **Free Estimate** or to place an order **Call or Email** 630.697.5530 or Tammera.Ordonez@gmail.com.

Alumni News

Eric Hays (FW class of 2007) graduated from York High School in the top 5 % of his class. He received numerous awards including Elmhurst College's Presidential Scholarship and Music Merit Award. He was voted most musical senior and performed at the graduation ceremony. On May 5th, he was the guest piano soloist for George Gershwin's Rhapsody In Blue. He and his girlfriend are currently touring Europe for two months.



Sound of Music Features FW Alumnus & Parent

Chamber Opera Chicago presents The Sound of Music at the Athenaeum Theatre, 2936 N. Southport, Chicago on June 11-12. Four Winds alumnus **Eric Maurer** is featured as supernumerary and **Marilyn Maurer** is in the chorus! Tickets \$10-\$30. For more information call 312-951-7944 or <http://www.chamberoperachicago.org/>.

Anthroposophy + Technology: Forever Apart or a Formula to Save the World?

Five lectures by Andrew Linnell with discussions at the Rudolf Steiner Branch in Chicago.

Friday, June 10, 2011 - 7:30 pm, Introductory Lecture: Frontiers and Dangers of Nanotechnology

Saturday, June 11, 2011 - 10:00 am to 6:00 pm Seminar

Seminar Topics: Quantum Physics; Rudolf Steiner on Technology; Dangers and Moral Issues of Technology and more. **Andrew Linnell** is a 38 year veteran in the field of computers and technology and has long carried the question of the relationship of science to art and religion. He began to find answers to his questions when he met Anthroposophy in 1977. Andrew has lectured widely on various topics from Quantum Physics and Nanotechnology to Knights Templar and Leonardo da Vinci paintings. Andrew has an MSE degree from the University of Michigan, and currently serves as president of the Anthroposophical Society in Greater Boston. Suggested contribution for individual lectures: \$10. Full Workshop: \$40. For more info contact: Andrei Onegin at rudolfsteinerbranch@yahoo.com or 773-764-2313.

Classifieds

Place classified ads here! \$5 for 50-word ad to run 2 weeks. Ads subject to editing.

Waldorf Family Looking for Summer Family Helper. We are looking for someone to work with our family Monday thru Saturday various hours, flexible but set schedule--in other words we have a weekly routine but are able to work with your schedule. Duties include basic directing of children's self-care, house tidy up and meals and lots of fun outings and summer adventures. Must be able to drive our van. This is a summer position with potential for long term for the right person. Your child(ren) are welcome as long as van capacity is not exceeded. Pay is 11-13/hr based on experience and qualifications. Immediate start. Please email Rebecca at bettiboot1@aol.com for more information or to interview.

Looking for the family who bought a wooden dollhouse at our resale last year: Anna Russell found a little stool that belongs to the wooden dollhouse she sold to a family in our community at the Toy & Clothing Sale last year. She would love for you to have this piece that goes with the dollhouse. Contact Anna Russell, a_russell68@yahoo.com.

Host Families Are Needed: exchange program enables French high school students the opportunity to live with an American host family. During the weeks of July 10th to July 31st, 2011, students ages 15-18 will be placed with local families. Chicago guided tours & meals are provided on certain dates with our chaperones. Hosting an exchange student allows your family to share American hospitality, creating life-long friendships and reciprocal travel opportunities. Call today to choose your student! Contact: **Dottie Lipinski or Amy Hansberger**, dottie.lipinski@gmail.com, 630.251.4270 or 630.779.3340.

Esther's Place and Lamb of God Farm 2011 CSA! 20 week and 10 week shares are available for \$45 a week. We have a terrific selection in each 24"x18"x6" box, including produce plus a unique sampling of eggs, meat, cheese and specialty items from local farms. Drop offs include Wheaton, St. Charles, Oswego and Big Rock. Call today 630-556-9665 or email info@esthersplacefibers.com

Erehwon Farm spring and summer CSA shares are available.

The farm sustainably grows a wide selection of vegetables and herbs free of chemical herbicides, pesticides and fertilizers. Shares are limited. Share costs are usually less than the cost of purchasing similar vegetables in high-end supermarkets and are much fresher because they're harvested within 24 hours of delivery or pick up. For more info call Farmer Tim 630-485-9963, visit www.erewonfarm.com.

Great Opportunity! Host a boy or girl from Madrid, Spain (ages 11-18) for 2 weeks or a month-long exchange in June, July or August. Families of exchange students will pay you \$250/week. Incredible cultural and language experience for the whole family! For more information contact: Elena Bisbarros at 630-346-0190 or by e-mail: ebisabarros@gmail.com